

Youth



10 weeks offered:

Jun 19-22	July 24-27
Jun 26-29	July 31-Aug 3
Jul 3-6*	Aug 7-10
Jul 10-13	Aug 14-17
Jul 17-20	Aug 21-24

1 Week Session (4 classes) (*Omit Jul 4)

Classes meet Mon through Thurs for one week. Friday make-ups for inclement weather only.

Preschool Classes - Ages 3-5 (30 minutes)

Starfish	11:30 am
Guppy	11:30 am
Penguin	11:00 am

Youth Swim Classes - Kindergarten and Up

Novice (30 minutes)	10:30 am
Learner (45 minutes)	10:30 am
Swimmer (45 minutes)	9:45 am
Technique (45 minutes)	9:00 am
Mastery 1 & 2 (60 minutes)	
Mon/Wed/Thurs	11:00 am

CLASS DESCRIPTIONS

Pre-School Kindergarten Classes:

To gain comfort and confidence in the water. Learn basic swim skills.

Starfish: No swim experience. May be hesitant or fearful in the water. All new 3 year old swimmers.

Guppy: Not afraid of water, and comfortable in water. Can blow bubbles and submerge face.

Penguin: Can submerge and float independently, very comfortable in water. Can paddle unassisted.

School Age Classes:

Each class builds on essential skills mastered in the previous level.

Novice: Introductory to The Sports Club of Novi swimming for ages 10 and under. Students will learn and develop basic swimming techniques used throughout our level program.

Learner: Jumps in shallow independently, swim to side with face in water. Focus on rotary breathing, backstroke and deep water exposure.

Swimmer: Jumps in deep. Can swim front crawl with rotary breathing. Focus on building endurance in the front crawl, backstroke and diving.

Technique: Swims front crawl and backstroke 25 meters. Focus on bi-lateral breathing front crawl, breaststroke and butterfly.

Mastery 1: Swims the four competitive strokes with correct technique. End Goal: 100 meters front crawl with flip turns. Swim 50 meters all other strokes.

Mastery 2: Swim one hour. Increase endurance, improve technique. Prepare for swim team and school activities. Must have basic skills in all four strokes.

Cost: (per 1-week session, 4 day per week)

Swim Club & Premier Members	\$45
Fitness Member	\$54
Program Member	\$58

Cost: Mastery 1 & 2 (1 hour, 3 days per week)

Swim Club & Premier Members	\$34
Fitness Member	\$48
Program Member	\$51

Weekly sign-ups must be registered by Sat 12:00 pm, prior to new session starting. This is to make sure your desired class time is available.



Summer Swim Club Camps

Swimmer/Technique (45 minutes)

Mon-Thurs 12:00 pm

Novice/Learner (45 minutes)

Mon-Thurs 12:45 pm

Cost:

Swim Club & Premier Members	\$45
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Swimming



5 Week Session

Classes meet once a week for 5 weeks.
(Omit Jul 4. Prorated to 4 weeks.)

Session 1 Jun 19-Jul 23

Session 2 Jul 24-Aug 27

Preschool Classes - Ages 3-5 (30 minutes)

Starfish - no swim experience

Sat 11:00 am

Sun 11:00 am

Guppy - not afraid of the water

Sat 11:00 am

Sun 11:00 am

Penguin - must be able to submerge completely

Sat 10:30 am

Sun 10:30 am

Youth Swim Classes - Kindergarten and Up

Novice (30 minutes)

Sat 10:00 am

Sun 10:00 am

Learner (45 minutes)

Mon 5:30 pm

Sat 10:30 am

Sun 10:30 am

Swimmer (45 minutes)

Tues 5:30 pm

Sat 9:45 am

Sun 9:45 am

Technique (45 minutes)

Wed 5:30 pm

Sat 9:00 am

Sun 11:00 am

Mastery 1 (45 minutes)

Thurs 5:30 pm

Sat 9:00 am

Sun 9:00 am

Mastery 2 (1 hour)

Sun 9:00 am

Middle School/High School Beginner (45 minutes)

Sat 11:15 am

Cost: (1 day per week for 5 weeks)

30/45 minutes 1 hour

Swim Club &

Premier Members \$56 \$72

Fitness Member \$66 \$82

Program Member \$70 \$87

PLEASE NOTE: No credits for inclement weather conditions or pool cancellations. All classes are taught during rain but not thunder or lightning. In case of inclement weather, please call the club hotline at 248-735-8850, ext. 237.



Youth Swim Private Swim Lessons

For additional information, call programs at 248-735-8850, ext. 112.

Private 30 minute lessons – Fee per swimmer

***Semi-Private 30 minute lessons –**

Add \$6.00 per 1/2 hour

Instructors **1/2 hour**

Jonathon Lee, Kelsey Macaddino,
Julia Scavnicky, Anna Smith,
Max Williams

Fitness Members \$24

Swim Club & Program Members \$26

Emie Noble, Scott Winslow

Fitness Members \$32

Swim Club & Program Members \$34

Corrie Belle, Thomas Naughton

Fitness Members \$35

Swim Club & Program Members \$37

Kelly Adams, Kim Kerwin

Fitness Members \$37

Swim Club & Program Members \$39

Cammy Jenrow, Bob Jenrow, Mark Winter

Fitness Members \$40

Swim Club & Program Members \$42