

# Adult Tennis Fall 2024

## Adult Tennis Pathway Sessions

### Fall 1 (8 weeks)

Tues, Sept 3 - Sun, October 27

Monday Classes: Pro-rated to 7 weeks

### Fall 2 (8 weeks)

Mon, October 28 - Fri, Dec 20

(omit Oct 31 and Nov 27 - Dec 1)

Sun Classes: Pro-rated to 6 weeks

Wed and Fri Classes: Pro-rated to 7 weeks

Mon Classes: 8 weeks with no proration

## Adult Tennis Pathway

Learn to play and enjoy the sport of a lifetime. If you are already a player, continue to improve your game by taking a Tennis Clinic. Please call Member Services at 248.735.8850 ext. 112 or email [nacregisternow@gmail.com](mailto:nacregisternow@gmail.com) to register.

### Tennis Fundamentals

One hour class. Instruction and drills designed to learn the fundamentals of every stroke.

1.5-2.0 Players - Has none or limited tennis experience. Working on primarily getting the ball in play when delivered from the tennis professional.

Wed 11:00 am-12:00 pm

Fri 11:30 am-12:30 pm

Sun 6:30-7:30 pm

### Cost 1.5-2.0 (per 8 weeks)

Program Member \$174

Fitness Member \$166

### Tennis Skills and Organized Play

One and a half hour class. Skill development using drills at a faster pace, followed by supervised play and an introduction to strategy.

2.5 Player - Player can sustain a slow rally with other players of the same ability and able to serve to get a rally started. Comfortable playing singles and doubles points against other players.

Mon 6:30-8:00 pm

Wed 11:00 am-12:30 pm

Fri 12:30-2:00 pm

Sun 11:00 am-12:30 pm

### Cost 2.5 (per 8 weeks)

Program Member \$248

Fitness Member \$240

2.75-3.0 Players - Fairly consistent with medium paced shots but is not comfortable with all the strokes. Has experience at competition and scoring. Starting to direct shots to specific areas of the court.

Mon 6:30-8:00 pm

Wed 11:00 am-12:30 pm

Fri 12:30-2:00 pm

Sun 7:30-9:00 pm

### Cost 2.75-3.0 (per 8 weeks)

Program Member \$248

Fitness Member \$240



*Get Fit, Stay Healthy, Be Safe!*

## Adult Organized Practices

Come join us for a weekly practice session of drills and point play directed by our Tennis Professionals. The practices are for both men and women. Please call Member Services at 248.735.8850, ext. 112 or email [nacregisternow@gmail.com](mailto:nacregisternow@gmail.com) for more information.

## Suburban League

Please call Member Services at 248.735.8850, ext. 112 or email [nacregisternow@gmail.com](mailto:nacregisternow@gmail.com) for more information.

## Permanent Court Time

If you are interested in guaranteed court time each week, this is the program for you! Groups choose their desired day/time, players, and duration of play. This program runs September through mid-May. Reservations are based on availability. Please call Member Services at 248.735.8850 ext. 112 or email [nacpct@gmail.com](mailto:nacpct@gmail.com) to make your request.

## Private Lessons

If you want to work on your game, try private and semi-private instruction from the best tennis staff in Michigan.

**Semi-private instruction add \$5.00 per hour.**

Marimar Alonso, Gino McCathney, Keith Morrison, Jayson Torres

Program Members \$118

Fitness Members \$113

Adam Bottorf, John Hale, Brenda Lionas, Taylor Pinchoff  
Robbie Risdon, Anthony Van den Bossche

Program Members \$115

Fitness Members \$110

Hans Akan, Todd Beyer, Jake Lachowicz, Nikola Nikolov

Program Members \$110

Fitness Members \$105

Rohan De Silva, Mike Detizio, Steve Raymond, Rebecca Tasich

Program Members \$107

Fitness Members \$102

**ALL 24 HOUR or LESS TENNIS COURT RESERVATIONS are \$32/hour**

**Call 248.735.8850 - Ext.112 or email at [nacregisternow@gmail.com](mailto:nacregisternow@gmail.com)**



42500 Nick Lidstrom Drive Novi, Michigan 48375  
[nacgetfit.com](http://nacgetfit.com)

All makeups are based on availability and are not guaranteed. No refunds are provided for missed classes.